There are a couple of things to consider when choosing the right rollator size for you – compact, regular or wide. Most people can fit more than one size. Ask yourself where you plan to use your rollator, and then pick one that fits you – and your environment.

Handle height

When deciding on which size to get, the first thing to consider is the height of the handles. The handle height on all our models is adjustable, however differs in terms of much between the rollator models.

The height of the rollator handles must be able to match the height of your wrists, measured when standing.



How to: measure the height from the floor up to your wrist and then compare with the handle heights available on our rollators to see which ones might be compatible with you.

Since your arms will be at a slight angle forward as you grip the handles, we recommend adding one or two centimeters to your measured wrist height.

P.S. Remember to measure your height while wearing shoes as well if you plan to use your rollator outside.

Getting the correct handle height is important, as it enables you to walk upright and not be hunched over when using the rollator.

Seat height

The seat height is not adjustable, but it differs between the compact and the regular/wide models.



The compact model seat height is 56 cm, while the regular and wide models are both at 61 cm.

The Carbon Overland has a seat height of 62 cm.

To find out which one that fits you best, try finding a chair in your home with a height close to our rollators. You can try raising its height by using books, pillows, or other fabrics.

It is important to easily be able to get in and out of the rollator seat, so try sitting in the chair you found and see if you'd be comfortable getting in and out of it frequently.

How much you tend to use the seat matters for your choice of model. If you rely on the seat for frequent rests, a wider seat will be a more comfortable option. If you won't be sitting a lot and you are fine with doing a bit of salsa when getting in and out of the seat, then a slimmer model would be a good match.

Hip width

When getting in and out of the seat, it is important that your hip width is less than the width between the handles on your rollator. You can still use your rollator even if it is a bit too narrow around the handles, but you may need to do a bit of a salsa to get into the seat.

You should also consider whether you often wear thick coats (especially in the winter) or other things around your waist, as you would then need a bit extra space.

